

ERSA Schools Race

27th April 2014

Suffolk Leisure Park, Ipswich

Programme for the Day

Years 3,4,5,6

08:15 – 09:15 – Open Practice, school reg and bib collection

09:15 – 09:30 – Course setting

09:30 – 09:50 – Course inspection

10:00 – 10:45 – Run 1

10:45 – 11:30 – Run 2

11:45 – Prize Giving
(Individual first followed by teams)

Years 7,8,9,10,11

11:45 – 12:30 – Open Practice, school reg and bib collection

12:30 – 12:45 – Course setting

12:45 – 13:10 – Course inspection

13:15 – 14:20 – Run 1

14:20 – 15:25 – Run 2

15:45 – Prize Giving
(Individual first followed by teams)

