



Suffolk Vikings Ski Race Team

Invite all ERSA racers to compete at the
3rd ERSA Summer League Race

On Sunday 20th June 2010

www.suffolkvikings.org.uk

Programme	
8.15am	Registration and open practice
9.00am	Race Managers meeting, registration closes
9.15am	Open practice ends, course setting
9.30am	Course Inspection
10.00am	Individual Slalom (3 runs)
2.00pm	Dual Slalom (Rainbows and team events)
3.30pm	Prize giving

These times may need to change according to the conditions on the day so please listen to the PA announcements.

BBQ and light refreshments will be available during the day. The cake stall will also be available ☺

ERSA Race rules apply

All 1st, 2nd, 3rd age group winners (male and female) will receive a medal.

All ski poles must be fitted with rubber bungs.

No yellow 77 allowed, clear and blue lubricants are ok.

Race Entry Fee: £9 per racer

Suffolk Ski Centre
Bourne Terrace
Wherstead,
Ipswich
IP2 8NQ

