



# Hemel Ski Race Club

Invite all ERSAs racers to compete at the

## ERSA Summer League Race on Sunday 7<sup>th</sup> July

[www.hemelskiraceclub.co.uk](http://www.hemelskiraceclub.co.uk)

The Snow Centre – Hemel, St Albans Hill

Hemel Hempstead, Herts, HP3 9NH

**Race Entry Fee: £17 per racer**

Please enter online via <http://ersa.co.uk/online> registration

or see your Race Manager by Monday 1<sup>st</sup> July



### Programme

07.00h	Race office, registration and centre opens. Bib Issue to RM Course Setting
07.30h	Open Practice on main or side slope to include course inspection once set, Please listen to announcements.
07.15h	Race Managers Meeting
08.30h	Open Practice and course inspection ends.
08.45h	Start of Individual Runs
11.15h	End of Individual Runs
11.30h	GS Event (all competitors)
12.30h	Pro Slalom
14.00h	Prize Giving

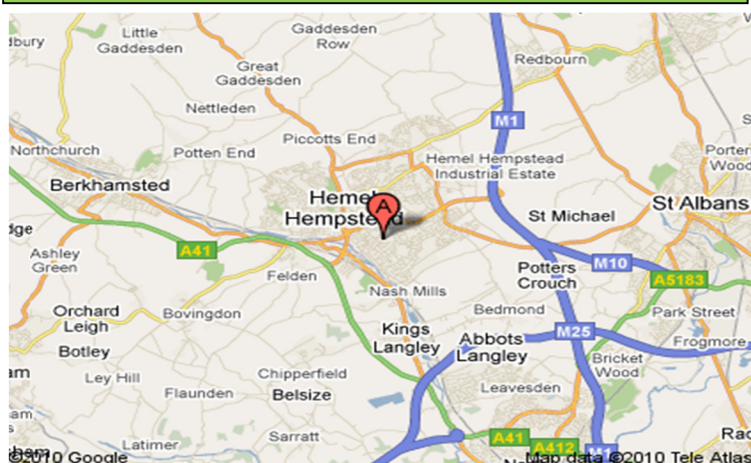
These times may need to change according to the conditions on the day so please listen to the PA announcements. There is no PA system in the changing area so please ensure you are at the start in sufficient time for your run(s).

### Format

2 \* slalom (U10 Stubbies, U12+ full gates)  
2 \* GS event (depending on conditions)  
TE Pro Slalom event full gates U12+ only (conditions)  
[www.ersa.co.uk/2013\\_rm\\_format](http://www.ersa.co.uk/2013_rm_format) for full details about how the day will run.  
Max 200 racers and waiting list applies.

The centre "Edge" café/bar will be open throughout the day. Only food bought at the café can be consumed on the premises. No skis in the bar area please.  
ERSA Race rules apply  
All 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> age group winners (M&F) receive a medal.

There is possibility of Live Streaming of the race on the internet and Photos will be taken – if you do not want your child to be included please state at Registration



### RACE RULES FOR HEMEL SUMMER LEAGUE

- Coaches may accompany their racers during course inspection only. A High Viz jacket and skis must be worn.
- Racer assistants (e.g. coach or parent) will **NOT** be allowed in the Start Area because of the restricted size and the impact of overall numbers on the authorised fire capacity of arena.
- Only authorised people allowed in the snow arena, this includes any area of the snow through the airlock. These doors are not to be kept open.
- Due to Health and safety regulations no skis in the bar area unless in a ski bag, boots may be worn anywhere within the centre. Please be careful. There is a ski rack at the top of the stairs just before entering the bar area.
- Cat suits NOT recommended and not allowed for Boys and Girls (Mini's).