

# EASTERN REGION SCHOOLS SKI RACE



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## Sunday 28th April 2013

At :Gosling Sports Centre, Welwyn Garden City

ERSA are pleased to announce we will be holding a second  
Eastern Region Schools Artificial Ski Race.

- Schools can enter an individual or a team of 3 or 4 skiers from the same school. Maximum is under 19 (yr13)
- The minimum standard of skiing required is to be able to perform linked snow-plough turns safely and to be able to control speed and be able to use a button lift.
- No previous racing experience is necessary .
- Helmets and gloves must be worn
- Ski and boot hire is available if required and included in the school entry fee.

Please contact ERSA : [schools@ersa.co.uk](mailto:schools@ersa.co.uk) or visit  
[www.ersa.co.uk/schools-race](http://www.ersa.co.uk/schools-race) for more information

There are ski clubs see in the region who can help with some practice and training facilities .

This is a FUN event though prizes will be awarded. The aim is to encourage more young people into the sport and have fun at the same time.

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