



# Vikings Race Team

Invite all ERSA racers to compete at the  
**ERSA Summer League Race on Sunday 6<sup>th</sup> July**

[www.suffolktivings.org.uk](http://www.suffolktivings.org.uk)

Suffolk Ski Centre, Bourne Terrace, Whersted, Ipswich  
IP2 8NQ Tel: 01473 602347

**Race Entry Fee: £10 per racer**

**Please enter online via <http://ersa.co.uk/online> registration  
or see your Race Manager by Weds 2<sup>nd</sup> July**

## Programme

- 8.15 am Registration and open practice
- 9.00 am Race Managers meeting, registration closes
- 9.15 am Open practice ends Course setting
- 9.30 am Course Inspection
- 10.00 am Individual Slalom (3 runs)
- 1.30 pm Dual Slalom (Stampede and team events)
- Evolution Team Pro Slalom Event
- 3.30 pm Prize giving

These times may need to change according to the conditions on the day so please listen to

## Format

- 3 \* slalom (U12 Stubbies, U14+ full gates)
- Team event full gates
- Stampede event full gates
- TE Pro Slalom event full gates
- [www.ersa.co.uk/204](http://www.ersa.co.uk/204) format for full details about how the day will run.

Delicious **BBQ** and light refreshments are available  
ERSA Race rules apply  
All 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> age group winners (M&F) receive a medal.  
Prize for Fastest Male and Female on the day

There is possibility of video and photos will be taken – if you do not want your child to be included please state at Registration

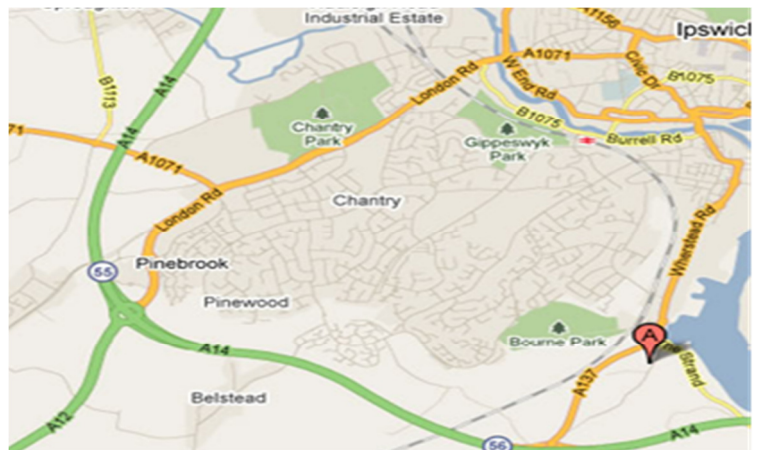
**All ski poles must be fitted with rubber bungs!**

**No yellow 77. Clear and blue lubricants are allowed.**

## Notice

No waxing other than in allotted area.  
Your compliance with this would be appreciated, and go towards a better day for all.

Only racers in the start area.



**racer ready**

the magazine for the winter sports enthusiast