



Vikings Race Team

1st July 2018

Open Practice 8.15am



Suffolk Leisure Centre
Bournhall
Wherstead
Ipswich
SAT NAV : IP2 8NQ
Registration 8.15 am



Race Entry Fee : £10 per racer Discount for entering & racing in all 5 outdoor races

Enter online via: http://ersa.co.uk/online_registration or
contact your Race manager.

2018 Race Format

3* slalom runs (U12 stubbies 14+ full gates)

Team events - Full gates

Stampede Event - Full gates

TE Pro Slalom events - Full gates

Run Format

U14+ Females then U14+ Males

U12 stubbies

U12 Stubbies

U14 + Females then U14+ Males

U14+ Females then U14+ Males

U12 Stubbies

U12 races will be best 2 times (out of 3 runs)

U14 +is best of first two runs plus time for 3rd run

Prizes for 1, 2 & 3 Male and Females and fastest male and female on the day

ERSA Race Rules Apply

Programme

8.15am Registration /Open practice

9.00am Race managers Meeting.
Registration closes

9.05 am Open Practice closes

9.20 am Course Inspection

10.00am Individual Slalom (3 runs)

1.30 pm Dual Slalom (Heroes &
Team Events)

Evolution Team Pro Slalom
Events Top 16's

3.30pm Prize giving

These times may need to change according to the conditions on the day so please listen to PA announcements

NO waxing other than in allocated areas *Only Racers in the start area* NO " Blue or Yellow " Lubricants
** All ski poles must be fitted with rubber bungs - checks will be made ** ** NO BBQ's Allowed **

BBQ and Light refreshments available

Videos and photos will be taken if you do not want your child to be
Included please state at Registration

