



Vikings Race Team

30th June 2019

Open Practice 8.15am



Suffolk Leisure Centre
Bournhall
Wherstead
Ipswich
SAT NAV : IP2 8NQ
Registration 8.15 am



Race Entry Fee : £12 per racer (must be paid before 1800h on Wednesday 26th June 2019 or a late payment charge of £3 will be added).
Race Entry Fee after 26th June 2019 : £15 per racer

Live Timing - <http://vola-publish.com/ersa/>

2019 Race Format

3* slalom runs (U12 stubbies 14+ full gates)
Team events - Full gates
Heroes Event - Full gates
TE Pro Slalom events - Full gates

Run Format

U14+ Females then U14+ Males
U12 stubbies
U12 Stubbies
U14 + Females then U14+ Males
U14+ Females then U14+ Males
U12 Stubbies

U12 races will be best 2 times (out of 3 runs)
U14 +is best of first two runs plus time for 3rd run

ERSA Race Rules Apply

Programme

8.15am Registration /Open practice
9.00am Race managers Meeting.
Registration closes
9.05 am Open Practice closes
9.20 am Course Inspection
10.00am Individual Slalom (3 runs)
1.30 pm Dual Slalom (Heroes &
Team Events)
Evolution Team Pro Slalom
Events Top 16's
3.30pm Prize giving

These times may need to change according to the conditions on the day so please listen to PA announcements

NO waxing other than in allocated areas *Only Racers in the start area * NO " Blue or Yellow " Lubricants
** All ski poles must be fitted with rubber bungs - checks will be made ** ** NO BBQ's Allowed **

BBQ and Light refreshments available

Videos and photos will be taken if you do not want your child to be
Included please state at Registration

