

ERSA SUMMER LEAGUE 2021 – RACE 1

Hosted by WGC Ski Race Club

Sunday 9th May 2021



**Gosling Ski & Snowboard
Centre
Gosling Sport Park
Welwyn Garden City
Herts.
AL8 XE**

Entry Age Groups

Snowsport England Covid-19 Step 2 Rules – All Age Groups Outdoor Competitions Permitted

Racers must be a registered member of an ERSA Club to Enter.

A Parent or Guardian must be present on site for the duration of the Group attendance where racers are under 18.

2021 Covid-19 Grouped Race Format

Individual Slalom 3 Runs

(U12 and below within Stubbies)

(U14 and above within Full Gates)

Run Format

Batched Groups of 15 Racer

3 Runs undertaken in Bib Order Every Run

Results

U12 and below Results based on Best 2 Times from 3 Runs

U14 and above Results based on Best 2 Times from 3 Runs

Race Entry Fee £12 per Racer
Race Entry Closing Date Midnight 2nd May 21
Payment Required by Midnight 2nd May 21
Race Entry Via www.ersa.co.uk
Race Details Listed On www.qbski.com

Programme

2 nd May	Race Entry Closes
Post 2 nd May	Acceptance List and Group Listing Complete with Timetable Issued
9 th May	Race Day
	Within Allotted Group Arrive at allotted time Change in Car Park ready Collect Bib Open Practice Inspection 3 Runs in Bib Order Return to Car Park Leave Site
	Results Posted on GBSki.com

Times and arrangements may change due to conditions, please listen to PA announcements

ERSA Race Rules Apply Plus - Flag DSQ indications : Re-runs at discretion of Jury : Only Racers In Start Area : Ski Poles Must Have Rubber Bungs : No Waxing Other Than In Allocated Areas : No Blue or Yellow Lubricants : No BBQ's Allowed : Photographs & Video Will Be Taken – Please Advise At Registration If Not Requested : BBQ & Light Refreshments Available

PLEASE READ RACE FORMAT, COVID-19 PRECAUTIONS AND RACE & SITE SPECIFIC SECTIONS ON THE INVITATION PRIOR TO ENTRY

Race Format – Amended 2021 Covid-19 Grouped Race Format

Due to current restrictions and safety guidelines, this event will operate in an amended format as developed and trailed by ERSA sponsor Team Evolution, and adopted by Snowsport England.

The race will be split into groups, and each group scheduled with an on-site arrival time, bib collection time, allocated open practice time, course inspection and then will race three runs on the same course, followed by enough time to leave the venue, to facilitate the next group of racers to arrive and take part. Groupings for start times will defer to families with multiple racers, distance travelled, etc. Times will state Arrival Time.

After the entry system closes, the running order will be determined, and bib numbers allocated and published online, along with a full acceptance list and event timetable. This will show the earliest on-site arrival time for each group, with a programme for each round of races and the latest time for leaving site. This event, and any future races, can only operate if everyone follows what is requested of them in order to meet restrictions and guidelines. Please follow all on site instructions.

After bib collection, there will be a warm up period of 20-30 minutes, which will take place on the skiers left hand side of the slope, and will consist of space for free skiing. Open practice can only take place within your timetabled period, and wearing your visible bib. Anyone found to be using the warm up slope outside of their allotted time will be disqualified from the event.

Each group of racers will be invited to course inspect for one run, at their scheduled time, for a period of 10 minutes. Normal course inspection rules will apply and racers can walk back up and down, with bibs worn and visible at all times. Racers are asked to distance as much as possible during inspection.

Following course inspection, there will be a period of 5 minutes to enable each group to get to the start. In bib order, each group will race all three race runs consecutively, with overall times recorded by the race organisers. After completing their race runs, racers will be required to leave the slope before their designated time, making space for subsequent groups of racers who will be arriving for their allocated time slot.

Racers may carry skis to the top between runs but must not have more than one pair of skis in the start area at any one time, and may not return to the start after their third run. There is no ability to leave items at the top of the slope for collection at a later stage, items left will be disposed of under Covid rules. No one other than racers may be in the start area at any time.

Both stubby and gate courses will be set at the same time, with any U08/U10/ U12 racing on the stubbies course. The Starter and Start Marshalls will assist inexperienced racers with which course to run.

Results will be calculated within at the end of the day and published to www.gbski.com as soon as possible. Results will be based on the following criteria U12 and below Results based on Best 2 Times from 3 Runs and for U14 and above Results based on Best 2 Times from 3 Runs – this is to assist with mixed ages in Groups.

ERSA have decided that at ERSA Summer League Races in 2021 there will be no race awards (medals or trophies). The rationale behind this is that earlier races are run in groups and racers will have to leave after their runs, and to keep return to racing as cost effective as possible. Race organisers are faced with increased costs due to additional compliance and we are trying to cover these costs within a race entry that has remained static. Overall Series trophies will still be awarded at the end of the season (and for the end of season Championship).

ERSA have also decided that after a years break from racing to reset all the ERSA seed points to 999.99 to allow the system to be updated and to remove racers who haven't raced for many years but whose points affect the seeding. Points from all ERSA races 2021 will be form the basis on the new seeding system.

COVID-19 PRECAUTIONS

All competitors and those accompanying should follow the latest Government Guidelines regarding Covid-19 and not attend if they are in lockdown or have symptoms of Covid-19. It is recommended that all attending undertake one of the NHS Lateral Flow Test prior to travel. Please do not attend if any of your Group records a positive test and seek NHS guidance.

All attendees are required to wear a faces mask at all times and to comply with socially distancing guidelines and we recommend a 2m separation at all times. Masks can be removed during the individual slalom runs, but must be replaced as soon as finish of the run.

We recommend that only one person accompanies the competitor to the event.

On arrival at the site, please park in a socially distanced manner, the competitor is to change in the car park as no changing facilities will be available. All competitors and parents are expected to arrive no earlier, and promptly depart in line with, the scheduled times so that the organisers can manage the numbers of people on site. Spectators are reminded to follow signs and preserve social distancing while spectating. If you arrive early, please remain in your vehicle until allotted time.

Prevailing restrictions will apply to the use of the sports centre café (e.g. masks, distancing etc.,) which may be operating during the day. Please bring your own hand sanitiser.

<https://www.snowsportengland.org.uk/wp-content/uploads/2021/03/Guidance-for-Snowsport-in-England.pdf>

It is of paramount importance that all those operating within Snowsport Environments – including club personnel, coaches / instructors and officials and participants – monitor themselves for any signs of Coronavirus, as well as general health.

- Please follow advice from the NHS and / or medical practitioner in all cases.
- Snowsport participants in the higher risk groups should follow any medical guidance they have been given about ensuring good health and welfare. If they have further concerns, please consult with your medical or national organisations for support and best practice.
- For those who are showing symptoms please see the NHS website [Symptoms of coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](#)
- For those returning to activity after a Covid infection please see 'Your Covid Recovery' <https://www.yourcovidrecovery.nhs.uk>

SYMPTOMS

- FATIGUE
- SHORTNESS OF BREATH
- SORE THROAT/ LOSS OF TASTE
- DRY COUGH
- FEVER

Please **do not** attend training session if you have any of these symptoms.

REMEMBER

- Wash your hands often
- Wear a face mask
- Always cover your cough or sneeze

RACE AND SITE SPECIFIC INFORMATION

There is to be no parking at the bottom of the slope, which will be used to create a one-way system for competitors. Parking in the gravel car park before the slope is for race organisers, volunteers and disabled parking only. Please respect this. All other parking should be in the main facility car park. A one way system will be in place from the Car Park to Bib Collection to the slope and return.

There will be only be access to toilet and sanitary facilities in main Gosling Sports Park building. A one-way system only access from the front of the building. The Ski Centre Reception will not be open, and the hire of equipment will not be possible. First Aid will be provided by the slope / WGC Ski Club appointed first aid.

All skiers are to wear gloves when using the ski lifts. Lift hangers will be cleaned prior to the start of the event.

Only one pair of skis will be allowed up to the top of the slope, no 2nd pairs allowed. Similarly, no ski prep equipment will be allowed to be left at the top of the slope as after the 3rd run you will not be able to return to the top of the slope to collect. There will be no opportunity to service skis between runs. No parents or other helpers allowed on the slope or within the start.

Competitors must use skiers left lift for inspection, and skiers left for open practice. Competitors not present at start when called will not be allowed to start and will forfeit that run. No skis are allowed to be prepared in the start area or on start ramp.

All left / lost property will be collected and bagged and disposed of under Covid-19 rules.

There will be an outdoor BBQ (weather permitting) providing bacon sandwiches and hot and cold drinks.

Bibs are to be removed by the racer at the end of their third run and placed in the bib collection box. Lost bibs will be charged at £25.

Due to the Group nature and timings of the race, please do not bring and erect tents, gazebos, etc, however seating is limited and portable chairs may be used for your own use.

Should the event be cancelled due to changes in Government and SE rules, entry fees will be refunded, or held over for a future ERSA race entry.

This race is held in compliance to Step 2 of SE Guidelines and we can only accept entries from competitors who are a registered member of an ERSA Club.

IT IS ERSA'S INTENTION TO MAKE THIS A COVID-19 COMPLIANT AND SAFE RACE, HOWEVER THIS REQUIRES ALL WHO ATTEND TO BE COMPLIANT AND FOLLOW NATIONAL, LOCAL AND RACE GUIDELINES

PLEASE ALSO REMEMBER THE OFFICIALS ARE ALL VOLUNTEERS AND RUN THESE EVENTS TO GET EVERYONE BACK SKIING AND RACING – PLEASE FOLLOW THEIR GUIDANCE

All queries please contact chair@ersa.co.uk