

# ERSA SUMMER LEAGUE 2021 – RACE 5

## Hosted by Ski MK Race Team

### Sunday 1<sup>st</sup> August 2021



**Snozone Milton Keynes  
Xscape  
602 Marlborough Gate  
Milton Keynes  
MK9 3XS**

#### **Entry Age Groups**

Snowsport England Covid-19 Step 4 Rules – All Age Groups Outdoor Competitions Permitted

Racers must be a registered member of an ERSA Club to Enter.

A Parent or Guardian must be present on site for the duration of the Group attendance where racers are under 18.

#### **2021 Covid-19 Grouped Race Format**

Individual Slalom 2 Runs

(U12 and below within Stubbies)

(U14 and above within Full Gates)

#### **Run Format**

Run 1 undertaken Bib Order

Run 2 undertaken in reverse Bib Order

If time permits Extended Slalom

#### **Results**

U12 and below Results based on Best Time from 2 Runs

U14 and above Results based on Best Time from 2 Runs

**Race Entry Fee £29 per Racer**  
**Race Entry Closing Date Midnight 25<sup>th</sup> July 21**  
**Payment Required by Midnight 25<sup>th</sup> July 21**  
**Race Entry Via [www.ersa.co.uk](http://www.ersa.co.uk)**  
**Race Details Listed On [www.qbski.com](http://www.qbski.com)**

#### Programme

|              |   |
|--------------|---|
| 25 July      | Race Entry Closes   |
| Post 25 July | Acceptance List and Group Listing Complete with Timetable Issued  |
| 1 Aug        | Race Day  |
|              | Within Allotted Group<br>Arrive at allotted time<br>Change in Car Park ready<br>Collect Bib<br>Open Practice<br>Inspection<br>2 Runs in Bib then Reverse Order<br>Return to Car Park<br>Leave Site<br>No Prize giving<br><br>Results Posted on GBSki.com and Ersa.co.uk |

Times and arrangements may change due to conditions, please listen to PA announcements

**ERSA Race Rules Apply** - Flag DSQ indications : Re-runs at discretion of Jury : Only Racers In Start Area : No Waxing or ski preparation in building or car park: Photographs & Video Will Be Taken Please Advise At Registration If Not Requested : BBQ & Light Refreshments Available

**PLEASE READ RACE FORMAT, COVID-19 PRECAUTIONS AND RACE & SITE SPECIFIC SECTIONS ON THE INVITATION PRIOR TO ENTRY**

### Race Format – Amended 2021 Covid-19 Grouped Race Format

From 19 July, COVID restrictions are due to be withdrawn, however at this time we are still unsure what requirements may be put on by the ski centre, ERSA or SMK. The current Covid-19 rules applicable at race date will apply to this event.

After bibs are issued they must be worn at all times when in the building or on the snow so number is visible from both back and front.

All competitors and forerunners **MUST** wear a properly fitted and approved safety helmet on the slope throughout the event. This includes the practice session, course inspection and the race itself. Helmets should be compliant with European and British Standards Specification entitled "Helmets for Alpine Skiers" (BS/EN 1077/1996).

- Access to the slope is for officials and racers only, no parents or coaches will be permitted into the snow arena.
- Inspection on foot by racers is not permissible as is using the uplift without skis.
- In order to preserve the racing surface, course inspection may be varied. Please listen to instructions on method of course inspection.
- Designated coaches will be available to assist with course inspection for less experienced athletes.
- Access and egress to the slope and
- Racer assistants (e.g. coach or parent) will NOT be allowed in the Start Area because of the restricted size and the impact of overall numbers on the authorised fire capacity of the arena.
- Only authorised people allowed in the snow arena, this includes any area of the snow through the airlock. These doors are not to be kept open.
- In the event of any emergency please listen to the PA system and follow the instructions of race officials or ski centre staff.
- Please note there will be nowhere to store bags, lockers will not be in use, please leave bags in car. A second pair of skis may be stored in the changing room in the racks provided. **SKIS NOT TO BE LEFT IN THE SNOW AREANA OR LEANT UP AGAINST WALLS ANYWHERE IN THE BUILDING.** Any skis left in unauthorised areas will be removed
- Snozone or the race organisers accepts no responsibility for valuables or equipment left unattended.
- Please listen carefully for PA announcements and follow any request.
- Competitors not present at start when called will not be allowed to start and will forfeit that run.
- Racers must be ready to enter the start when the preceding racer has started. Please be fully ready to start when instructed, i.e. skis, gloves, helmet etc on and fastened ready to race.
- Bibs are to be removed by the racer at the end of their second run and placed in the bib collection box. Lost bibs will be charged at £35.
- **Ski Preparation is not allowed in the building or car park**

Both stubby and gate courses will be set at the same time, with any U08/U10/ U12 racing on the stubbies course. The Starter and Start Marshalls will assist inexperienced racers with which course to run.

Results will be calculated within at the end of the day and published to [www.gbski.com](http://www.gbski.com) as soon as possible. Results will be based on the following criteria U12 and below Results based on Best Time from 2 Runs and for U14 and above Results based on Best Time from 2 Runs – this is to assist with mixed ages in Groups.

ERSA have decided that at ERSA Summer League Races in 2021 there will be no race awards (medals or trophies). The rationale behind this is that earlier races are run in groups and racers will have to leave after their runs, and to keep return to racing as cost effective as possible. Race organisers are faced with increased costs due to additional compliance and we are trying to cover these costs within a race entry that has remained static. Overall Series trophies will still be awarded at the end of the season (and for the end of season Championship).

All competitors and those accompanying should follow the latest Government Guidelines regarding Covid-19 and not attend if they are in lockdown or have symptoms of Covid-19. It is recommended that all attending undertake one of the NHS Lateral Flow Test prior to travel. Please do not attend if any of your Group records a positive test and seek NHS guidance.

Snozone's rules are that All attendees are required to wear a faces mask at all times and to comply with socially distancing guidelines and we recommend a 2m separation at all times. Masks can be removed during the individual slalom runs, but must be replaced as soon as finish of the run.

We recommend that only one person accompanies the competitor to the event.

Parking around Snozone is a pay and display. Competitors are requested to change in the car park as no changing facilities will be available. All competitors and parents are expected to arrive no earlier than the group timings, and promptly depart in line with, the scheduled times so that the organisers can manage the numbers of people on site. Spectators are reminded to follow signs and preserve social distancing while spectating. If you arrive early, please remain in your vehicle until allotted time.

Prevailing restrictions will apply to the use of the sports centre café (e.g. masks, distancing etc.,) which may be operating during the day. Please bring your own hand sanitiser.

<https://www.snowsportengland.org.uk/wp-content/uploads/2021/03/Guidance-for-Snowsport-in-England.pdf>

**It is of paramount importance that all those operating within Snowsport Environments – including club personnel, coaches / instructors and officials and participants – monitor themselves for any signs of Coronavirus, as well as general health.**

- Please follow advice from the NHS and / or medical practitioner in all cases.
- Snowsport participants in the higher risk groups should follow any medical guidance they have been given about ensuring good health and welfare. If they have further concerns, please consult with your medical or national organisations for support and best practice.
- For those who are showing symptoms please see the NHS website [Symptoms of coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](#)
- For those returning to activity after a Covid infection please see 'Your Covid Recovery' <https://www.yourcovidrecovery.nhs.uk>

**SYMPTOMS**

Please **do not** attend training session if you have any of these symptoms.

FATIGUE, SHORTNESS OF BREATH, SORE THROAT/ LOSS OF TASTE, DRY COUGH, FEVER

**REMEMBER**

Wash your hands often, Wear a face mask, Always cover your cough or sneeze

**RACE AND SITE SPECIFIC INFORMATION**

Provisional Programme – Please listen to PA announcements.

The timetable may be amended by the organisers on the day.

**PROVISIONAL TIMETABLE**

| Group Number / Bib Numbers                          | Bib Collection | Open Practice                                   | Course Inspection | Slalom Runs                      | Extended Slalom |
|---|----------------|---|-------------------|----------------------------------|-----------------|
| <b>ALPHA</b><br>Bib 1 to xx<br>U12 (Girls & Boys)   | 07:00          | 07:10 to 07:30<br>SKIERS LEFT<br>SLOPE AND LIFT | 07:30 to 07:50    | Run 1<br>Run 2<br>08:00 to 08:30 | Provisional     |
| <b>BRAVO</b><br>Bib xx to xx<br>U14 and older WOMEN | 08:30          | 08:40 to 09:00<br>SKIERS LEFT<br>SLOPE AND LIFT | 09:00 to 09:20    | Run 1<br>Run 2<br>09:30 to 10:15 | Provisional     |
| <b>CHARLIE</b><br>Bib xx to xx<br>U14 and older MEN | 10:15          | 10:25 to 10:45<br>SKIERS LEFT<br>SLOPE AND LIFT | 10:45 to 11:05    | Run 1<br>Run 2<br>11:15 to 12:00 | Provisional     |

The U12 group will race as one mixed group but results will be based on gender.

CURRENT PLAN IS FOR WOMEN AND MEN TO BE IN SEPARATE GROUPS HOWEVER WE WILL MONITOR ENTRIES AND RE-ASSESS TIMETABLE.

A fun extended slalom will be run (depending on time and snow conditions) for all groups after the individual slalom runs.

To enable the timing of the event please listen carefully to the commentator and follow instructions.

LIVE TIMING - [vola-publish.com/hsrcersa/](http://vola-publish.com/hsrcersa/)

PLEASE READ. BY BOOKING INTO THE RACE WITH ERSA AND HSRC YOU AGREE THAT YOU HAVE READ AND UNDERSTOOD THE CLUBS, ERSA AND CENTRES PROCEDURES AS MODIFIED.

IT IS ERSA'S INTENTION TO MAKE THIS A COVID-19 COMPLIANT AND SAFE RACE, HOWEVER THIS REQUIRES ALL WHO ATTEND TO BE COMPLIANT AND FOLLOW NATIONAL, LOCAL AND RACE GUIDELINES

PLEASE ALSO REMEMBER THE OFFICIALS ARE ALL VOLUNTEERS AND RUN THESE EVENTS TO GET EVERYONE BACK SKIING AND RACING – PLEASE FOLLOW THEIR GUIDANCE

All queries please contact [chair@ersa.co.uk](mailto:chair@ersa.co.uk)