



SKI MK RACE TEAM

Sunday 11th June 2023

Open Practice 0700h



Snozone Milton Keynes
Xscape 602 Marlborough Gate
Milton Keynes
Bucks.
SAT NAV : MK9 3XS



Race Entry Fee : £33 per racer,
enter both SMK and HEM SL

(the cheapest indoor snow races in the country.)

Enter online via: http://ersa.co.uk/online_registration or contact your Race manager.

Live Timing

<http://vola-publish.com/hsrcersa/>

WhatsApp ERSA SL 2023

<https://chat.whatsapp.com/DXRrdNLafdWIM8d2jULF7B>

2023 Indoor Race Format

2* slalom runs (U12 stubbies 14+ full gates)
Extended Slalom - Full gates

Run Format /Order (subject to change)

- ⚡ U12 Girls and Boys stubbies Run 1
- ⚡ U12 Girls and Boys Stubbies Run 2
- ⚡ U14+ Women and Men Run 1
- ⚡ U14+ Women and Men Run 2
- ⚡ Extended Slalom - Bib Order

U12 races will be best time (out of 2 runs)
U14 + races will be best time (out of 2 runs)
Prizes for 1, 2 & 3 Women and Men and fastest Women and Men on the day.

Fun Extended Slalom

- ⚡ Run 1 U12 in Bib Order
- ⚡ Run 2 U12 in Bib Order
- ⚡ Run 1 U14+ in Bib Order
- ⚡ Run 2 U14+ in Bib Order

(If time and conditions allow a 3rd EXT Slalom Run will be given.)

CATSUITS - ERSA believes cat suits are unnecessary for indoor races, and as such recommends catsuits are not worn for all age groups. ERSA believe this is particularly relevant for U12s and below where being warm is more important, and where technique and fun is far more relevant than being "streamlined".

Programme

- 0700h Arrive at centre.
- 0700h Race office Opens, registration
- 0700h Bib Issue to RMs
- 0715h Open Practice on skiers right slope.
BIBS MUST BE WORN SO VISABLE FROM BOTH FRONT & BACK

Please listen to PA announcements

- 0700h Course Setting/inspection
- 0755h Course inspections ends.
- 0800h Start of Individual Runs
- 1100h End of Individual Runs
- 1130h Extended Slalom (if time permits)
- 1330h Prize Giving (Bar Area)

These times and running order may need to change according to the conditions on the day so please listen to the PA announcements.

Even though there is a PA system it is the racers responsibility to ensure that you are at the start so please ensure you are at the start in sufficient time for your run(s).

NB:: ONLY ONE PAIR OF SKIS WILL BE ALLOWED TO BE TAKEN TO THE TOP OF THE SLOPE.

PLEASE LEAVE SKIS IN DESIGNATED AREAS IN EITHER THE CHANGING ROOMS OR THE SNOW ARENA. SKIS LEFT INCORRECTLY WILL BE REMOVED BY CENTRE STAFF. THIS IS AN INSURANCE REQUIREMENT.

ERSA Race 2023 Rules Apply

NO waxing or ski preparation in any area of the snow centre including the car park.

Only Racers in the start area, no parents or coaches unless permission granted.

Food & drinks available from the Café, Only food purchased may be consumed on the premises, Videos and photos will be taken, if you do not want your child to be included please state at Registration.

=== NB: Headline sponsor for the ERSA 2023 Summer League Series is TEAM EVOLUTION. ===
Please respect this and no other promotional material authorised unless approved.

